

What is Multiple Sclerosis?

The key word in the definition below is INFLAMMATORY.

Check out the baking soda information and its effect on inflammatory. If you understand the cause, inflammation, then why can't the AMA find a cure? Why is the AMA limited to use toxic drugs that cause more inflammation as well as fungi growth.

You are your own best doctor, but according to the law, I must state a disclaimer that all of this information is for educational purposes only and by law I have to advise you to seek a qualified health professional for your health issues.

I want to motivate you to want to learn all you can about your situation and use common sense and Godly wisdom from ABOVE to make your decisions. Wisdom from above is described in James 3:17. It is wisdom to look that scripture up and test all wisdom with God's Word to see if the spirit is of God or if it is from the kingdom of darkness. You will know them by their fruit. Study the fruit of the Holy Spirit and know TRUTH will make you free from all fear of all disease. Perfect love casts out all fear. God is Love!

God IS, so healing is. He sent His Word for your healing. God sets before you life and death and you choose. Choose wisely according to His Word, rejecting the wisdom of the world that exalts itself above the knowledge of God.

My common sense tells me that INFLAMMATION is always a problem. What causes inflammation? Many factors cause inflammation. What causes inflammation in a cut that you have on your hand: dirt or anything that blocks the ability of God's Word to speak healing. If the wound is not cleaned it can infect the whole body and cause death. So is it on the inside I would assume through common sense deductions. I would consider how to CLEAN my insides and how to build up and strengthen my cells. What do my cells need: Toxic drugs that block cellular communications or foods that enhance the God given communications within the DNA? I would learn all I could about detoxification and immune building foods.

PH balance is important to cleanliness in the body too. How do I get my body back to proper PH balance: Drugs or Alkaline foods? You choose.

I personally would choose foods and the best food to speedily return my body to alkalinity is baking soda. I would learn all I could about baking soda too. I have links about baking soda on this web site too. I would also nourish my cells with enzyme rich (living) foods. I personally like the juiced foods from the AIM Companies which I take daily. I also know oils are important nutrients so I eat nuts and WHOLE grains and I eat extra virgin olive oil and coconut oils, as well as fish oils. Moderation is good in all things, so I would learn all I could about these foods to be sure I don't miss important ideas about how I can clean and nourish my cells.

Wisdom is the principal thing. I pray you will get knowledge and wisdom and in your getting, you will receive understanding from the Lord. In Jesus Name.

Remember this in your search for truth. God is the Cure. God has NOT withheld the cures and God does NOT use sorcery or do harm to your body in order to effect healing. Pray and pray some more for His Wisdom and truth. If you “feel” fear it is because you have allowed the spirit of fear to cause confusion. If you seek TRUTH, the truth will make you free from fear. God is love and His perfect love drives out all fear. God has NOT given you a “spirit” of fear, but of LOVE, POWER and a SOUND Mind. If you seek wisdom from someone who gives you evil reports with no hope, you can deduct that is coming from a “spirit” of fear!

Believe God’s Word to include his word about NOT seeking the wisdom of the ungodly (Psalms 1:1)

<http://www.mult-sclerosis.org/whatisms.html>

Multiple Sclerosis (MS) is an [inflammatory](#) disease of the [Central Nervous System](#) (CNS) - that's the [brain](#) and spinal cord. Predominantly, it is a disease of the "[white matter](#)" tissue. The white matter is made up of nerve fibres which are responsible for transmitting communication signals both internally within the CNS and between the CNS and the nerves supplying rest of the body.

In people affected by MS, patches of damage called plaques or [lesions](#) appear in seemingly random areas of the CNS white matter. At the site of a lesion, a nerve insulating material, called [myelin](#), is lost. I shall explain this process in more detail [later](#). Clinically, MS is a hard condition to characterise because it is very unpredictable and variable. Depending on which areas of the CNS are affected and how badly they are damaged, the type and severity of symptoms can vary greatly.

No two people get MS in exactly the same way and the expression of each individual's disease is as unique as their fingerprints. However, the different courses of the disease, both within an individual and within the whole population, principally differ in their timing, location and severity. Underneath similar processes (including [demyelination](#) and sometimes other forms of nerve degeneration) are going on.

Although recent research indicates that the biochemical make-up of lesions may vary between different forms of the disease, this is not the reason why people with MS (PwMS) have such widely differing symptoms - it's because nerve damage to one site usually causes completely different symptoms than damage to another.

In general, people with MS can experience partial or complete loss of any function that is controlled by, or passes through, the brain or spinal cord.

"That's sounds terrible - doesn't almost everything go through the brain?"

Well yes, MS can be and often is a very serious disease but almost nobody loses function in all possible areas and some people are affected much worse than others. People with MS can experience any of the following problems either fully or partially - numbness, tingling, pins and needles, muscle weakness, muscle spasms, spasticity, cramps, pain, blindness, blurred or double vision, incontinence, urinary urgency or hesitancy, constipation, slurred speech, loss of sexual function, loss of balance, nausea, disabling fatigue, depression, short term memory problems, other forms of cognitive dysfunction, inability to swallow, inability to control breathing ... you name it.

"Crikey, it sounds devastating"

Yes, but don't forget that it is usually a slowly progressing disease and few people, if any, experience all the possible symptoms. Three quarters of people with MS don't need to use a wheelchair and those that do find that it gives them greater freedom to do the things they want. Many people will require a cane after a number of years of disease activity. Other people will have only very mild and occasional symptoms. Still others have been found to have had MS as a result of an autopsy even though they never presented with any clinical symptoms during their lives. A minority of people with MS die as an indirect result of the disease in its later stages. The majority of PwMS will lie somewhere between these extremes. Adjustments have to be made, but most people with MS can live fulfilled and active lives.

"Can you catch MS from someone with it?"

Absolutely not. Studies have been done on children adopted into families where one of the parents has MS and they have been found to have the same incidence of the disease as the background population [[Sadovnick, Ebers et al, 1999](#)]. Other studies show that the number of husband-wife copresentations is almost exactly what you would expect for a non-contagious disease [[Ebers, Sadovnick et al, 2000](#)]. This is worth emphasising - you cannot catch MS from a person with the disease. Multiple sclerosis is not contagious nor infectious.

"Are their different types of MS?"

Yes, there are four main varieties as defined in an international survey of neurologists [[Lubin and Reingold, 1996](#)]. (All the graphs show level of disability over time - where two lines appear in the graph it denotes two possible courses of that form of MS.)